## Extended Contents

### PART I Conceptual Foundations and Contextual Settings

#### CHAPTER 1 Intercultural Communication: An Introduction
- Introduction 3
- Why Study Intercultural Communication? 4
  - Global Boundary-Crossing Trends 4
  - Domestic Diversity Trends 5
  - New Media Trends in Intercultural Communication 7
  - Intergroup–Interpersonal Discovery Opportunities 10
  - Cultivating Mindful Communication Practice 11
- What is Intercultural Communication? 13
  - Conceptualization of Culture 14
  - Conceptualization of Intercultural Communication 20
- Five Core Assumptions of Intercultural Communication 28
- Chapter Summary and Mindful Guidelines 30
- Critical Thinking and Connective Application Questions 32

#### CHAPTER 2 Intercultural–Intergroup Engagement: An Integrative Identity Negotiation Theory Framework
- Introduction 35
- Theorizing and Researching Intercultural–Intergroup Communication 36
  - Functional/Social Scientific Paradigm 37
  - Interpretive Paradigm 41
  - Critical/Cultural Studies Paradigm 45
- An Integrative Identity Negotiation Theory Framework 50
  - Identity Negotiation Theory: Key Backdrop Ideas 51
  - Identity Negotiation Theory: Key Assumptions 54
- Understanding Core Composite Identity Domains 58
  - Sociocultural Membership: Cultural Identity and Ethnic Identity 59
  - Religious/Spiritual Identity 60
  - Gender Identity 62
  - Stigmatized Group-Based Identities 62
  - Sociorelational Role Identities: Family Role and Generational Role Identities 63
  - Relational Role and Professional Role Identities 65
CHAPTER 3 Sojourners’ Culture Shock and Intercultural Adjustment Patterns

CULTURE SHOCK: A CUP OF TEA INTERVIEW CASE STORY

Introduction

Different Types of Sojourners: Motivations and Expectations

Adjustment Motivations and Expectations

International Students and Cultural Exchange Student Sojourners

Global Workplace Transferees and Global Mobility Families

Third-Culture Kids/Global Nomads

Tourists as Short-Term Sojourners

Culture Shock: Conceptualization and Implications

Culture Shock: An ABC Model

The Pros and Cons of Culture Shock: Implications

Navigating Intercultural Adjustment: Underlying Factors and Models

Underlying Factors

Intercultural Adjustment Models: Developmental Patterns

Reentry Culture Shock: Surprises and Resocialization

Surprising Elements

Resocialization: Profiles of Different Returnees

Where Is Home?

Chapter Summary and Mindful Guidelines

Critical Thinking and Connective Application Questions

CHAPTER 4 Immigrants’ Acculturation Process and Intergroup Contacts

AN INTERCULTURAL DATING DILEMMA: IMMIGRANTS’ INTERGENERATIONAL CLASH CASE STORY

Introduction

Intercultural Acculturation: Antecedent Factors

Systems-Level Factors

Individual-Level Factors

Interpersonal-Level Factors

Intergroup Contacts and Adaptation Strategies

Identity Change Models for Immigrants and Minority Members

Intergroup Social Identity Complexity

Intergroup Communication Challenges and Adaptation

Intergroup Interaction Strategies: Strategic Adaptation

Immigrants’ Acculturation Outcomes

Systems-Level and Interpersonal-Level Outcomes

Personal Identity Change Outcomes

Chapter Summary and Mindful Guidelines

Critical Thinking and Connective Application Questions

PART II Navigating Intercultural and Intergroup Communication with Mindfulness

CHAPTER 5 Developing Intercultural and Intergroup Communication Competence: A Mindfulness Lens

FRIENDLY TEASING OR VERBAL HARASSMENT?: A CASE STORY
CHAPTER 6 Cultural Value Dimensions and Intercultural Encounters

RESPECTFUL GESTURES AND VALUE PROBES: A CASE STORY

CHAPTER 7 Mindful Intercultural Verbal Communication
## CHAPTER 8 Mindful Intercultural Nonverbal Communication

**CULTURAL PRIDE OR CULTURAL EMBARRASSMENT?: A CASE STORY** 233

- **Introduction** 233
- **Multiple Perspectives on Nonverbal Communication** 234
  - The Bioevolutionary Perspective 235
  - The Sociocultural Perspective 236
  - The Neuroculture Theory Perspective 236
- **Nonverbal Communication: Specific Functions and Patterns** 238
  - Reflection and Management of Identities 238
  - Expression of Emotions and Attitudes 241
  - Conversational Management 245
  - Impression Formation and Attraction 248
- **Space and Time Across Cultures** 249
  - Interpersonal Spatial Boundary Regulation 249
  - Environmental Boundary Regulation 252
  - Temporal Regulation 254
- **Interpersonal Synchrony, Deception and Deviance, and Nonverbal Cautions** 257
  - Interpersonal Interactive Synchrony 257
  - Deception and Deviance 258
  - Nonverbal Cautions 260
- Chapter Summary and Mindful Guidelines 261
- Critical Thinking and Connective Application Questions 263

## PART III Boundary Regulation and Intercultural-Intergroup Relationship Development Processes

**CHAPTER 9 Understanding Intergroup Perceptual Filters, Biases, and Communicative Distance**

**A SIMPLE MISUNDERSTANDING OR RACISM?: A CASE STORY** 267

- **Introduction** 268
- **Social Identity Theory and Its Associated Constructs: A Boundary-Regulation Approach** 270
  - Intergroup Perception 271
  - Social Identity Theory 272
  - Social Categorization 274
  - Social Comparison 275
  - Ethnocentrism and Communication 277
  - Stereotypes and Communication 280
- **Intergroup Attribution: A Sense-Making Process** 283
  - Attribution Theory 284
  - Intergroup Attribution Theory 285
- **Mind-Sets and Communication: Affective and Cognitive Filters** 286
  - Perceived Intergroup Threat and Intergroup Biases 286
  - Prejudice and Communication 287
## Extended Contents

- **Power and Privilege: Discriminatory Practices and Microaggressions** 289
- **Reduction of Prejudice and Discrimination** 296
- **Chapter Summary and Mindful Guidelines** 298
- **Critical Thinking and Connective Application Questions** 301

### CHAPTER 10 Attending to Intercultural and Intergroup Conflict Issues

- **A MOTIVATIONAL OR DEMOTIVATIONAL SPEECH?: A CASE STORY** 303
  - **Introduction** 304
  - **Intercultural Conflict Competence: Criteria and Components** 305
    - **Intercultural Conflict Competence: Criteria** 306
    - **Intercultural Conflict Competence: Components** 307
  - **A Culture-Based Situational Conflict Model** 309
    - **Cultural and Individual Socialization Value Patterns** 310
    - **Situational Role and Relational Distance Parameters** 315
  - **Identity-Based Threats and Face-Threatening Process** 317
    - **Integrated Threat Theory** 317
    - **Conflict Face Negotiation Theory: A Brief History** 319
  - **Conflict Face Negotiation Theory: Core Assumptions, Key Conditions, and Research Findings** 320
    - **Core Assumptions** 320
    - **Key Conditions** 322
    - **Essential Constructs and Related Research Findings** 322
    - **Cultural and Individual Variability and Facwork Strategies** 327
  - **Conflict Face Negotiation Theory: Recent Research Trends** 329
    - **Cross-Cultural Face-Sensitive Emotions** 329
    - **Cross-Cultural Conflict Forgiveness** 329
    - **Intergenerational Face and the Dark Side of Face** 331
    - **Researching Conflict Face Negotiation Theory: Future Directions** 332
  - **Chapter Summary and Mindful Guidelines** 336
  - **Critical Thinking and Connective Application Questions** 338

### CHAPTER 11 Attuning to Intercultural–Intimate Relationship Development Processes

- **KEN AND KIM'S MARITAL CRISIS: ARRIVAL OF THE IN-LAWS CASE STORY** 340
  - **Introduction** 341
  - **Developing Intercultural–Intimate Relationships: Sociocultural Membership Identity Factors** 343
    - **Cultural–Ethnic Membership Values** 343
    - **Anxiety/Uncertainty Interaction Management** 346
    - **Love Attitudes and Expectations** 348
    - **Personal Commitment and Structural Commitment** 350
  - **Attuning to Intercultural–Intimate Relationship Attraction: Interpersonal Facilitiating Factors** 351
    - **Perceived Physical Attractiveness** 351
    - **Perceived Attitudinal Similarity** 352
    - **Cross-Cultural Self-Disclosure Comparisons** 353
    - **Online Disclosure of Affection** 355
  - **Intercultural–Intimate Conflict: Stumbling Blocks** 357
    - **Intercultural–Interracial Romantic Relationship Development Stages** 357
    - **The Encounter: Prejudice and Racism** 359
    - **Countering Racism and Prejudice: Coping Strategies** 362
    - **Relational Transgressions and Cross-Cultural Responses** 364
    - **Raising Secure Bicultural Children** 365
    - **Developing an Identity Plan and Relationship Satisfaction** 366
  - **Chapter Summary and Mindful Guidelines** 367
  - **Critical Thinking and Connective Application Questions** 369
## Chapter 12 Becoming Ethical Intercultural Practitioners and Improving Communication Practices

- **Introduction** 371
- **Contemporary Issues Revolving Around Ethical Choice Making** 372
  - Global Standard Procedures and Local Justice Issues 372
  - Corporate Responsibility and Local Customary Practice 374
  - Cultural Value Clash and Communication Emphasis 376
- **Understanding Existing Intercultural Ethical Positions** 376
  - The Ethical Absolutism Position versus the Ethical Relativism Position 377
  - The Meta-Ethics Contextualism Framework: Macro- and Micro-Level Analysis 379
  - The Meta-Ethics Contextualism Direction: Procedures and Reflexive Questions 380
- **Cultivating Ethical Intercultural Research and Training Practices** 382
  - Intercultural Communication Research: Specific Ethical Issues 382
  - Intercultural Communication Training: Specific Ethical Issues 383
- **Promoting Global Social Justice and Peace-Building Processes: A Lifelong Journey** 384
  - Secular Ethics: Intergroup Social Justice and Global Peace Building 385
  - Improving Ethical Transcultural Communication Practices 388
- **Chapter Summary and Mindful Guidelines** 392
- **Critical Thinking and Connective Application Questions** 393

### Appendix A
Researching Intercultural and Intergroup Communication: Three Paradigms and Conflict Studies Examples 395

### Appendix B
"Be Surprised and Also Holding On!": Honors Convocation Keynote Speech, May 22, 2009
STELLA TING-TOOMEY 397

### Appendix C
"Never Give Up!": Commencement Speech, May 21, 2017
TENZIN DORJEE 399

References 403

Author Index 441

Subject Index 449

About the Authors 464