

# **‘Tell Them So They Listen’: Messages from Young People in Custody**

by  
Juliet Lyon, Catherine Dennison & Anita Wilson  
Trust for the Study of Adolescence

**A Research, Development and  
Statistics Directorate Report**

---

# Contents

Executive Summary	vii
Part 1: Introduction	1
Part 2: The Background to Offending	7
Part 3: Being in Prison	29
Part 4: Preparation and Planning for Life Outside Prison	55
Part 5: Key Messages from Young People	75
Appendix I: Focus Group Outline Schedule	83
Note on TSA and the Authors	85
References	87