

Contents

Acknowledgement	9
Introduction	11
Part I: Methodology and definitions	15
I.1 Methodology	15
I.2 Definitions	16
Part II: Description of the situation	19
II.1 Introduction	19
II.2 Prevalence of drug use among prisoners	19
II.3 What do we know about drug use in prison: drugs, patterns and frequency of use, routes of administration?	27
II.4 Drug use and drug-related deaths after release from Prison	36
II.5 Infectious diseases in European Prisons	39
II.5.1 HIV/AIDS	39
II.5.2 Hepatitis B/C	42
II.5.3 Tuberculosis	45
II.6 Specific target groups: women, migrants and young offenders	45
II.6.1 Women	45
II.6.2 Migrants	50
II.6.3 Young offenders	50

Part III: Description of the responses	51
III.1 Introduction	51
III.1.1 Organisation and practice of health care and assistance provided to drug users in prisons	53
III.1.2 The principle of 'equivalence' in international guidelines and recommendations	60
III.1.3 Medical services and examination	63
III.1.4 Training of doctors and staff	63
III.2 Prevention	65
III.2.1 Prevention of drug use	65
III.2.1.1 Supply reduction	68
III.2.1.2 Demand reduction	71
III.2.2 Prevention of sexual transmission	72
III.2.2.1 Provision of condoms	73
III.3 Abstinence oriented treatment	76
III.3.1 Detoxification	78
III.3.2 Drug-free units and drug-free wings	81
III.3.3 Therapeutic Communities in prison	87
III.4 Substitution Treatment	88
III.4.1 Key issues of methadone prescription	102
III.4.2 Standards and guidelines for methadone prescription	107
III.5 Harm-reduction measures	114
III.5.1 The transfer of harm reduction strategies into the prison setting	115
III.5.2 Blood screening and HIV testing	117
III.5.3 Training and seminars	119
III.5.4 Vaccination programmes	122
III.5.5 Provision of disinfectants	123
III.5.6 Needle exchange programmes	127
III.6 Community Links	136
III.6.1 Pre-Release units and release	137
III.6.2 Aftercare	139
III.6.3 Working with families and maintaining family ties	141
III.6.4 Throughcare	142

III.6.5	Therapeutic Communities for sentenced offender outside prison	144
III.6.6	Counselling and the involvement community health structures	144
Part IV: Evaluation of demand and harm reduction interventions in prisons in the EU		147
IV.1	Introduction	147
IV.2	Evaluation criteria	148
IV.3	Results of evaluations	149
Conclusions		163
Appendices: European Guidelines and Recommendations		177
A1	Prison and Drugs 1998: European Recommendations (The European Network of Drug and HIV/AIDS Services in Prison/Carl von Ossietzky University of Oldenburg)	177
A2	Prison and Drugs 1998: Youth and Women – European Recommendations (The European Network of Drug and HIV/AIDS Services in Prison)	184
A3	Conclusions of ‘The European Peer Support Project phase 3: Risk reduction activities in prison’ (Trimbos Institute Utrecht/ The Netherlands; Carl von Ossietzky University Oldenburg/ Germany, January 1998)	189
A4	European Guidelines on HIV/AIDS and Hepatitis in Prison (Milan, May 1999, Launched by the European Network on HIV and Hepatitis Prevention in Prison)	192
A5	Recommendation No. R (93)6 Of The Committee Of Ministers To Member States Concerning Prison And Criminological Aspects Of The Control Of Transmissible Diseases Including AIDS And Related Health Problems In Prison	197
A6	Council Of Europe, Committee Of Ministers, Recommendation No. R (98) 71 Of The Committee Of Ministers To Member States Concerning The Ethical And Organisational Aspects Of Health Care In Prison	204

References	217
List of experts involved	241
Useful websites	247