

Posttraumatic Stress and related Disorders: Classification, Latent Structure and Psychotherapy

Von der Fakultät für Lebenswissenschaften
der Technischen Universität Carolo-Wilhelmina

zu Braunschweig

zur Erlangung des Grades

eines Doktors der Naturwissenschaften

(Dr. rer. nat.)

genehmigte

D i s s e r t a t i o n

Kumulative Arbeit

von Sören Kliem
aus Langenhagen

Table of contents

Acknowledgments.....5

Abstract.....7

Zusammenfassung.....9

List of Tables15

List of Abbreviation.....17

1 Introduction.....19

 1.1 Historical Background19

 1.2 Traumatic Events21

 1.2.1 Prevalence and Classification of Traumatic Events.....22

 1.3 Classification of PTSD and Related Disorders.....24

 1.4 Epidemiology of Trauma-Related Disorders27

 1.4.1 Prevalence of PTSD27

 1.4.2 Prevalence of Complex PTSD31

 1.4.3 Prevalence of Acute Stress Disorder.....31

 1.4.4 Prevalence of Adjustment Disorder.....32

 1.4.5 Prevalence of Prolonged Grief Disorder.....33

 1.5 The Latent Status of Posttraumatic and Related Disorders33

 1.5.1 The Latent Status of PTSD35

 1.5.2 The Latent Status of Prolonged Grief37

 1.6. Therapy for Posttraumatic and Related Disorders39

 1.6.1 PTSD and Complex PTSD.39

 1.6.2 Therapy for ASD.....42

 1.6.3 Treatment of PGD.....42

 1.6.4. Treatment of AJD43

2 Screening for Posttraumatic Stress Disorder:
Comparison of the Diagnostic Efficiency of Two Self-Rating Measures.....45

3 Dimensional Latent Structure of Posttraumatic Stress Symptoms Reporting:
Is it Adding by Subtracting?55

4	The Latent Nature of Prolonged Grief - A Taxometric Analysis: Results from a Representative Population Sample.....	89
5	Psychotherapeutic Care for Posttraumatic Stress Disorder as it Really is. A survey of Licensed Psychotherapists which are Experienced in Psychotraumatology.....	109
6	How are improvements due to Trauma-Processing Interventions after Type-II-Trauma Rated. A Re-Analysis of a Survey of Licensed Psychotherapists with Psychotraumatological Experience.....	123
7	Prevention of Chronic PTSD with Early Cognitive Behavioral Therapy. A Meta-Analysis using Mixed-Effects Modeling.....	133
8	Therapy for Couples after an Affair: A Randomized-Controlled Trial.....	145
9	General Discussion.....	159
	9.1 Unitas in Multitudine: DSM and ICD.....	159
	9.2 The Care Situation in Germany.....	164
	9.3 Limitations.....	167
	9.4 Conclusion.....	168
10	References.....	171

List of Tables

Table 1. Summary of Papers included 11

Table 2. Lifetime and 1-year prevalence rates of
PTSD in the German and the US population.....30