Theory And Concepts
Borderline Personality Disorder: Concepts, Controversies, and Definitions
Dialectical and Biosocial Underpinnings of Treatment
Behavioral Patterns: Dialectical Dilemmas in the Treatment of Borderline Patients

Treatment Overview And Goals
Overview of Treatment: Targets, Strategies, and Assumptions in a Nutshell
Behavioral Targets in Treatment: Behaviors to Increase and Decrease
Structuring Treatment Around Target Behaviors: Who Treats What and When

Basic Treatment Strategies
Dialectical Treatment Strategies
Core Strategies
Validation
Core Strategies
Problem Solving
Change Procedures
Contingency Procedures (Managing Contingencies and Observing Limits
Change Procedures
Skill Training, Exposure, Cognitive Modification
Stylistic Strategies: Balancing Communication
Case Management Strategies: Interacting with the Community
Strategies For Specific Tasks
Structural Strategies
Special Treatment Strategies.

Table of Contents provided by Blackwell's Book Services and R.R. Bowker. Used with permission.