

Historical and Cultural Foundations of Women's Sport From the History of Women in Sport to Women's Sport History: A Research Agenda

In the Beginning: The Ancient and Medieval Worlds

From "Genteel Diversions" to "Bruising Peg": Active Pastimes, Exercise, and Sports for Females in Late 17th and 18th Century Europe

The Recreational Experiences of Early American Women

Women, Sport, and Exercise in the 19th Century

The Story of Women's Athletics: Manipulating a Dream, 1890-1985

From Lowell Mills to the Halls of Fame: Industrial League Sport for Women

A Century of Women's Olympic Competition

Biomedical Considerations

It's Mostly a Matter of Metric

Body Composition

Cardiovascular Fitness

Muscle Strength and Endurance

Endocrine Basis of Exercise-Induced Amenorrhea

Exercise and Bone Health Across the Life Span

Psychosocial Dimensions

Feminist Perspectives: Intersections with Women and Sport

Psychological Perspectives on Women in Sport

She Flies Through the Air With the Greatest of Ease: The Contributions of Feminist Psychology

The Significance of Body Image in Psychosocial Development and in Embodying Feminist Perspectives

The Sociological Study of Women in Sport

Structural Constraints Facing Women in Sport

Ideological Control of Women in Sport

Feminist Resistance and Transformation in Sport

Table of Contents provided by Blackwell's Book Services and R.R. Bowker. Used with permission.