Table of Contents

Acknowledgments ix
Preface 1
Abbreviations 3

1. Background
1.1 Introduction 5
1.2 Terra incognita 10
1.3 Reliability of data 17
1.4 Historical setting 22
1.5 Colonialism and rise of socialism 26
1.6 Political formation 29
1.7 Ideological foundation 31

2. Social Perspectives
2.1 Social status 38
2.2 Family and friends 46
2.3 Gender 50
2.4 Food and necessities 53
2.5 Public health 61
2.6 Education 68
2.7 Media and mobility 74
2.8 National security 84

3. Anthropometric Perspectives
3.1 Perception 91
3.2 Concept 93
3.3 Sources 101
3.4 Evidence 108

4. Economic Perspectives
4.1 Structure 115
4.2 Central planning 121
4.3 Classical sectors 131
4.4 Performance 136
4.5 Questionable activities 141
4.6 Structural deficits 145
4.7 Marketization 151

5. Conclusion
5.1 Summary 157
5.2 Outlook 159

Notes 163
Bibliography 165
Index 171