Contents

Preface........................................................................................................................................ix
Acknowledgments.........................................................................................................................xi
Editors...........................................................................................................................................xiii
Contributors..................................................................................................................................xv

SECTION I  Herbal Medicines and Bioactive Foods and Cancer Treatment

Chapter 1  Glucosinolates in Brassica and Cancer ................................................................. 3
Pablo Velasco, Marta Francisco, and María Elena Cartea

Chapter 2  MK615, an Extract of the Japanese Apricot (ume): A Promising Anticancer and Anti-Inflammatory Compound ................................................................. 31
Tokihiko Sawada and Keiichi Kubota

Chapter 3  Rhodiola and Related Plants: A Role in Cancer Prevention and Therapy .......... 37
Kelly J. Gauger and Sallie Smith Schneider

Chapter 4  Greco-Arab and Islamic Herbal Medicine and Cancer Treatment/Prevention.... 49
Omar Said, Hilal Zaid, and Bashar Saad

Chapter 5  Indian Vegetarian Diet and Cancer Prevention .................................................... 67
Manjeshwar Shrinath Baliga, Jason Jerome D'Souza, Raghavendra Haniadka, and Rajesh Arora

Chapter 6  Isothiocyanate-Modified Pathways in Cancer Prevention and Treatment .......... 87
Jana Jakubikova and Jan Sedlak

Chapter 7  Is Tulsi a Panacea for Cancer Prevention and/or Therapy? An Evidence-Based Revisit ......................................................... 105
Manjeshwar Shrinath Baliga, Farhan Fazal, Rajesh Wilson, and Rajesh Arora

Chapter 8  Culinary Spices in Cancer Chemoprevention ....................................................... 123
John R. Endres, Irfan Qureshi, Amy Clewell, and Alexander G. Schauss
SECTION II  Bioactive Foods and Supplements in Cancer Prevention

Chapter 9  Bioactive Foods in Cancer Prevention ................................................................. 143
  Rakesh Sharma and Jose Katz

Chapter 10  Curcumin-Mediated Cellular Responses in Chemical Carcinogenesis:
  In Vivo Studies ...................................................................................................................... 181
  Girish B. Maru, Asha G. Ramchandani, Gaurav Kumar,
  and Rachana Garg

Chapter 11  Prunes and Plums in Health Promotion ................................................................. 205
  Felina Marie Cordova and Ronald Ross Watson

Chapter 12  Cancer Preventive Phytochemicals from Southeast Asian Countries:
  In Vivo Activities and Underlying Molecular Mechanisms .................................................. 211
  Akira Murakami

Chapter 13  Mushroom-Derived Substances for Cancer Prevention and Treatment ............ 223
  Nili Ruimi, Nesly Dotan, Yaniv Menachem, Judy Bartuv-Tal,
  and Jamal Mahajna

Chapter 14  Dietary Phytochemicals in Prevention and during Cancer Treatment ............. 237
  Ali-Reza Waladkhani

Chapter 15  Effect of Phytochemicals on Stress Management and Mental Health ............. 257
  Ali-Reza Waladkhani

Chapter 16  Fruits, Vegetables, and Their Extracts in Health of the Upper Gastrointestinal Tract ................................................................. 269
  Simin Bolourchi-Vaghefi

Chapter 17  Significance of Processing for the Chemopreventive Potential of Tomato-Based Products ...................................................................................... 279
  Valeri V. Mossine and Thomas P. Mawhinney

Chapter 18  Glycemic Index, Glycemic Load, and Cancer Risk ........................................... 301
  Helen G. Mulholland, Liam J. Murray, and Marie M. Cantwell
SECTION III  Cancers Specific, Targeted Therapies with Bioactive Foods and Their Products

Chapter 19  Bioactive Foods and Extracts in Prostate Cancer Prevention
            Faysal A. Yafi and Wassim Kassouf

Chapter 20  Control of Prostate Cancer Proliferation and Gene Expression
            Using Herbal Supplements
            Joseph M. Wu and Tze-chen Hsieh

Chapter 21  Plant-Derived Antioxidants and Use in Prevention and Treatment of Prostate Cancer
            Carlie Margaret Abersold and Simin Bolourchi-Vaghefi

Chapter 22  Cruciferous Vegetables and Their Components in the Prevention of Breast Cancer
            Susan E. Steck

Chapter 23  The Role of Flavonoids in Fruits and Vegetables Related to Breast Cancer Prevention
            Catherine Christie, Nancy Correa-Matos, Lauri Wright, Julia A. Watkins, and Alex Bouziane

Chapter 24  Chemopreventive Properties of Ginseng Compounds on Colon Cancer
            Chong-Zhi Wang and Chun-Su Yuan

Chapter 25  Effects of Pentacyclic Triterpenes from Olives on Colon Cancer
            M. Emilia Juan and Joana M. Planas

Chapter 26  Fruit Phenolics in Colon Cancer Prevention and Treatment
            Michael A. Lea

Chapter 27  Diet, Epigenetics, and Colonic Fermentation and Their Role in Colorectal Cancer
            Ramesh P. Arasaradnam and K.D. Bardhan

Chapter 28  Alcohol Consumption and Risk of Colorectal Cancer
            Brenda W.C. Bongaerts and Matty P. Weijenberg

Chapter 29  Plants Antioxidants and Lung Cancer Risk
            Alberto Ruano-Raviña, Mónica Pérez-Ríos, and Juan Miguel Barros-Díos
Chapter 30  Epidemiologic Review of Head and Neck Cancers, Oral Precancers, and Dietary Risk Factors in India ................................................................. 471

Mia Hashibe

SECTION IV  Nonbotanical Dietary Components

Chapter 31  Vitamin D and Cancer ................................................................. 481

Arnaud Teichert and Daniel D. Bikle

Chapter 32  Dietary Selenium and Liver Cancer ............................................ 497

Divinia N. Stemm and Howard P. Glauert

Chapter 33  Cancer, Probiotics, and Clinical Practice........................................ 505

Gian Vincenzo Zuccotti, Fabio Meneghin, and Dario Dilillo

Chapter 34  Indian Herbal Medicine for Cancer Therapy and Prevention: Bench to Bedside.... 519

Rajesh Arora, Poonam Malhotra, R. Chawla, D. Gupta, R.K. Sharma, and Manjeshwar Shrinath Baliga

Chapter 35  Dietary Intake and the Development of Lung Cancer ....................... 545

Lauri Wright, Catherine Christie, and Julia A. Watkins

Chapter 36  Herbs and Bioactive Compounds in Prevention and Treatment of Hepatocellular Carcinoma................................................................. 555

Anuradha Sehrawat and Vijay Kumar

Chapter 37  New Zealand Christmas Tree: Historic Uses and Cancer Prevention .......... 583

Felina Marie Cordova and Ronald Ross Watson

Chapter 38  Nutrition and Colorectal Cancer .................................................. 587

Mitra Rangarajan and Gerard E. Mullin

Chapter 39  Feijoa (Pineapple Guava) Fruit: A Role in Health Promotion? ................ 603

Mercedes C. Argüelles and Ronald Ross Watson

Chapter 40  Indian Bael (Aegle marmelos) for the Prevention/Treatment of Cancer: Weighing Cost versus Benefit................................................................. 609

Manjeshwar Shrinath Baliga, Harshith P. Bhat, Ponemone Venkatesh, R.K. Sharma, and Rajesh Arora

Index.................................................................................................................. 623