Psychotherapy and Counseling in the Treatment of Drug Abuse

Editors:

Lisa Simon Onken, Ph.D.
Division of Clinical Research
National Institute on Drug Abuse

Jack D. Blaine, M.D.
Division of Clinical Research
National Institute on Drug Abuse

NIDA Research Monograph 104
1990

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Public Health Service
National Institutes of Health

National Institute on Drug Abuse
5600 Fishers Lane
Rockville, MD  20857

For sale by the Superintendent of Documents, U.S. Government Printing Office
Washington, D.C. 20402
Contents

Introduction

Psychotherapy and Counseling Research in Drug Abuse Treatment: Questions, Problems, and Solutions ................. 1
Lisa Simon Onken and Jack D. Blaine

Research Findings

Psychotherapy and Counseling for Methadone-Maintained Opiate Addicts: Results of Research Studies ..................... 9
George E. Woody, A. Thomas McLellan,
Lester Luborsky, and Charles P. O'Brien

Crack and Cocaine Abusers in Outpatient Psychotherapy ............ 24
Paula H. Kleinman, George E. Woody, Thomas C. Todd,
Robert B. Millman, Sung-Yeon Kang, Jack Kemp, and
Douglas S. Lipton

Methodological Considerations

Therapist Effects in the Treatment of Drug Dependence:
Implications for Conducting Comparative Treatment Studies ........ 39
Paul Crits-Christoph, Katherine L. Beebe, and
Mary Beth Connolly
Control Groups and Comparison Groups in Psychotherapy
Outcome Research ........................................... 50
T.D. Borkovec

Attrition in Substance Abuse Comparative Treatment
Research: The Illusion of Randomization ....................... 66
Kenneth I. Howard, W. Miles Cox, and
Stephen M. Saunders

Conceptualizing and Selecting Measures of
Treatment Outcome: Implications for Drug
Abuse Outcome Studies ....................................... 80
Michael J. Lambert

Can A Technology Model of Psychotherapy Research Be
Applied to Cocaine Abuse Treatment? ...................... 91
Kathleen Carroll and Bruce Rounsaville

Methodology: What Are the Design Issues
Involved in the Defined Research Priorities? ................ 105
Larry E. Beutler

Research Priorities and Future Directions

Research Priorities for Psychotherapy and
Counseling in the Treatment of Drug Abuse:
The Psychotherapy Research Perspective ................. 121
Perry London

List of NIDA Research Monographs ....................... 128