About the Author  
Prelude  
Changing the Shape of the Field  
The Excessive Appetites  
Excessive Drinking  
Excessive Gambling  
Excessive Drug Taking  
Excessive Eating and Exercising  
Excessive Sexuality  
How Excess Develops  
Taking Up Appetitive Behaviour  
Personal Inclinations  
The Social Context  
Overcoming Restraint  
The Development of Strong Attachment  
Conflict and Its Consequences  
Overcoming Excess  
The Place of Expert Help  
Giving Up Excess  
Excessive Appetites: A Social-Behavioural-Cognitive-Moral Model  
References  
Author Index  
Subject Index  

Table of Contents provided by Blackwell's Book Services and R.R. Bowker. Used with permission.