List of Illustrations
Acknowledgments
Introduction
The History of the Concept of Stress
The Definition and Classification of Stressful Experience
The Outcomes of Natural and Manmade Disasters and of Stressful Personal Experiences
Stressful Experience and Ill Health
Stressful Experience and Disease
The Experimental Study of Stressful Experience in Animals
The Mediators of Stressful Experience: The Autonomic Nervous, Adrenal and Gonadal Systems
The Selection of the Signal and the Mediation of Stressful Experience by the Brain: The Generation of Patterns and the Integration of Behavior and Physiology
New Concepts about the Organism and Its Perturbation by Stressful Experience
References
Index

Table of Contents provided by Blackwell's Book Services and R.R. Bowker. Used with permission.