Preface p. xi
Contributors p. xiii
Overview
Introduction to Geriatric Palliative Care p. 3
Principles of Geriatric Palliative Care p. 10
Medication Management in Older Adults p. 16
Special Issues in Caregiving p. 21
Financing Hospice and Palliative Care p. 26
Ethical Decision-Making p. 30
Prognostication p. 35
Advance Care Planning p. 40
Communication Skills p. 46
Managing Conflict p. 53
Care Transitions p. 58
The Hospice Model of Palliative Care p. 63
Health Insurance p. 67
Special Issues in Geriatric Palliative Care
Palliative Care Emergencies p. 75
Dying at Home p. 80
Cultural Considerations p. 85
Complementary and Alternative Medicine p. 90
Clinician Self-Care p. 95
Last Hours of Living p. 101
Grief and Bereavement p. 107
Spirituality p. 112
Palliative Sedation p. 116
Responding to Requests for Hastened Death p. 122
Assistive Aids and Devices p. 126
Rehabilitation p. 131
Mechanical Ventilation p. 136
Artificial Nutrition and Hydration p. 143
Caregivers p. Caregivers
Symptoms
Management of Pain in Older Adults p. 159
Fatigue p. 170
Failure to Thrive p. 175
Fever and Sweating p. 179
Behavioral Disorders in Dementia p. 182
Delirium p. 190
Terminal Delirium p. 196
Sleep Disorders p. 200
Dizziness p. 204
Headache p. 209
Myoclonus p. 213
Cough and Secretions p. 218
Dyspnea p. 224
Anorexia/Cachexia p. 230
Ascites p. 232
Bowel Obstruction p. 236
Constipation p. 239
Diarrhea and Fecal Incontinence p. 244
Xerostomia and Oral Mucositis p. 248
Dyspepsia p. 253
Dysphagia p. 256
Hepatic Encephalopathy p. 259
Gastroparesis p. 263
Hiccups p. 267
Nausea and Vomiting p. 271
Urinary Retention p. 275
Urinary Incontinence p. 280
Bleeding p. 288
Thrombosis p. 291
Lymphedema p. 296
Pressure Ulcers p. 301
Pruritus p. 307
Malodorous Wounds p. 311
Diseases and Syndromes
Frailty p. 317
Falls p. 321
Depression p. 325
Anxiety p. 333
Alcohol Abuse and Dependence p. 338
Dementia p. 344
Seizure p. 352
Stroke p. 357
Parkinson’s Disease p. 362
Essential Tremor p. 370
Malignant Spinal Cord Compression p. 373
Chronic Obstructive Pulmonary Disease p. 376
Aspiration Pneumonia p. 387
Colonic Diverticulitis p. 393